



GROWTH POINT

MIDWEEK SERVICE

RICK HOUK | WEDNESDAY EVENING | JULY 5, 2017

Developing Grace through Biblical Meditation

“This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.” (Joshua 1:8)

INTRODUCTION

1. THE _____ OF MEDITATION

A. To _____ Biblical Thinking

BUILD YOUR THOUGHTS ON BIBLE PRINCIPLES

*“I will meditate in thy precepts, and have respect unto thy ways.”
(Psalm 119:15)*

BUILD YOUR THOUGHTS ON GOD’S BEING

Quote: “If we want the God of truth we must know the Truth of God!”

“When I remember thee upon my bed, and meditate on thee in the night watches.” (Psalm 63:6)

Quote: “Without doubt the mightiest thought the mind can entertain is the thought of God.”—**A. W. Tozer**

*“I will meditate also of all thy work, and talk of thy doings.”
(Psalm 77:12)*

Quote: “The highest science, the loftiest speculation, the mightiest philosophy, which can ever engage the attention of a child of God, is the name, the nature, the person, the work, the doings, and the existence of the great God whom he calls his Father. There is something exceedingly improving to the mind in a contemplation of the Divinity. It is a subject so vast, that all our thoughts are lost in its immensity; so deep, that our pride is drowned in its infinity.”—**C. H. Spurgeon**

B. To _____ a Biblical Response

Quote: “The most important thing I had to do was to read the Word of God and to meditate on it. Thus my heart might be comforted, encouraged, warned, reprov'd, and instructed.”
—**George Müller**

C. To _____ According to God's Will

Quote: “As you read or study the Scriptures and meditate on them during the day, ask yourself these three questions: 1.) What does this passage teach concerning God's will for a holy life? 2.) How does my life measure up to that Scripture; specifically where and how do I fall short? (Be specific; don't generalize). 3.) What definite steps of action do I need to take to obey?”

—**Jerry Bridges**

*“And these words, which I command thee this day, shall be in thine heart: 7 And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up. 8 And thou shalt bind them for a sign upon thine hand, and they shall be as frontlets between thine eyes.”
(Deuteronomy 6:6-8)*

Quote: “Meditation upon the Word of God is one of the most important of all the means of grace and growth in spirituality, yea there can be no true progress in vital and practical godliness without it. Meditation on Divine things is not optional but obligatory, for it is something which God has commanded us to attend unto.”—**A.W. Pink**

2. THE _____ OF MEDITATION

A. Meditation Should Be _____

“But his delight is in the law of the Lord; and in his law doth he meditate day and night.” (Psalm 1:2)

Quote: “As you read, pause frequently to meditate on the meaning of what you are reading. Absorb the Word into your system by dwelling on it, pondering it, going over it again and again in your mind, considering it from many different angles, until it becomes part of you.”—**Nancy Leigh DeMoss**

Quote: “The word meditate as used in the Old Testament literally means to murmur or to mutter and, by implication, to talk to oneself. When we meditate on the Scriptures we talk to ourselves about them, turning over in our minds the meanings, the implications, and the applications to our own lives.”

—**Jerry Bridges**

“O how love I thy law! it is my meditation all the day.”
(Psalm 119:97)

B. Meditation Should Be _____

Quote: “Each time we surrender our minds to meditate on base and sordid objects their grip on our lives is intensified. To think we can decrease our affinity for sinful pleasure apart from a concentrated fixation on the spiritually sublime is simply delusional.”—**Sam Storms**

“Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;” (2 Corinthians 10:5)

“Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.” (Philippians 4:8)

Quote: “Ask Philippians 4:8 questions of the text: What is true or what truth does it exemplify? What is honorable about it? What is right about it? What is pure or how does it exemplify purity? What is lovely about it? What is admirable or commendable about it? What is excellent about it? What is praiseworthy about it?”

—Donald S. Whitney

Quote: “Some people like to read so many chapters every day. I would not dissuade them from the practice, but I would rather lay my soul [to] soak in half a dozen verses all day than rinse my hand in several chapters. Oh, to be bathed in a text of Scripture, and to let it be sucked up into your very soul, till it saturates your heart! Set your heart upon God’s Word! Let your whole nature be plunged into it as a cloth into a dye!”—C. H. Spurgeon

3. THE _____ OF MEDITATION

A. A _____ Way

Quote: “It often astonishes me that I did not see the importance of meditation upon Scripture earlier in my Christian life. As the outward man is not fit for work for any length of time unless he eats, so it is with the inner man. What is the food for the inner man? Not prayer, but the Word of God—not the simple reading of the Word of God, so that it only passes through our minds, just as water runs through a pipe. No, we must consider what we read, ponder over it, and apply it to our hearts.”—George Müller

“For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day.” (2 Corinthians 4:16)

B. A _____ Life

“And herein do I exercise myself, to have always a conscience void of offence toward God, and toward men.” (Acts 24:16)

CONCLUSION

